

On the Rise Bakery Menu

540-344-7715

303 Market Street | Roanoke, VA 24011



Soups

BOWL \$4.75 PINT \$6.00

QUART \$11.00

Served with fresh baked bread

TOMATO CHEDDAR*

Creamy tomato with Cheddar Cheese

POTATO ROSEMARY*

Savory, creamy potato with fresh rosemary

SOUP OF THE DAY

SEASONAL SOUP

Wraps

OTR \$8.75

Seasoned sliced chicken breast, lettuce, red onions and our special house-made green goddess dressing

KICKED UP CLASSIC \$8.75

Roast beef, smoked gouda, caramelized onions and house-made horseradish sauce

AZTEC \$8.75

Turkey, smoked gouda, cucumber, red onion, and sun-dried tomato pesto aioli

VEGGIE GARDEN \$8.75

Provolone, tomato, cucumber, carrot, lettuce and our house-made

*Vegetarian Option

Salads

MARKET PLACE \$9.50

Spring mix, tomato, cucumber, Kalamata olives, green onion, turkey, ham, Swiss, provolone and house-made croutons

CAPE COD \$9.50

Spring mix, sliced apples and our famous cranberry-walnut chicken salad topped with green onion, toasted walnuts and extra cranberries

SPINACH* \$9.00

Bed of spinach, red onion, feta cheese, Kalamata olives, cucumbers and tomatoes

LOCAL FARMER* \$8.00

Spring mix, tomatoes, cucumber, green onion, carrots and house-made croutons

LITTLE FARMER* \$4.50

*Petite version of the Local Farmer
Add a slice of pizza for \$3.00*

LITTLE FARMER SALAD & SOUP \$9.00

Served with fresh baked bread and your choice of soup & salad dressing

House-Made Dressings

Balsamic Vinaigrette, Garlic Vinaigrette, Green Goddess Ranch, Sweet & Sour Ginger, Oil-n-Vinegar

Pizza

BY THE SLICE \$4.00

WHOLE PIZZA \$22.00

(must give 24 hr notice)

HOURS

Mon.-Fri.	7am-4pm
Sat.	8am-4pm
Sun.	CLOSED

Gluten Free Non-GMO Whole Grain Bread Now Available

Try any ½ sandwich with a bowl of soup or Little Farmer Side Salad

Classic Cold Sandwiches

On a fresh baguette, served with chips or apple

ITALIAN \$9.25

Ham, salami, Provolone, lettuce, tomato, hot peppers, mayo and garlic vinaigrette

TURKEY & PROVOLONE \$9.25

Turkey, Provolone, lettuce, tomato, hot peppers, mayo and garlic vinaigrette

HAM & SWISS \$9.25

Ham, Swiss, lettuce, tomato, hot peppers, mayo and garlic vinaigrette

TWO CHEESE VEGGIE* \$9.25

Swiss, Provolone, cucumber, lettuce, tomato, hot peppers, mayo and garlic vinaigrette

Substitute bowl of soup for an additional \$ 1.75 or Little Farmer side salad for \$ 2.00

Hot Paninis

On your choice of Italian or French Country Sourdough, served with chips or apple

SWEET & SPICY BLT \$9.25

Bacon seasoned with our sweet and spicy house-made rub, lettuce and tomato, mayo

TURKEY BRIE \$9.25

Roasted turkey, sliced apple, melted Brie and apple butter

FRENCH QUARTER \$9.25

Sliced roast beef, Gorgonzola spread, lettuce and tomato

MARGHERITA* \$9.25

Fresh Mozzarella, tomato and basil pesto

MUFFALETTA \$9.25

Salami, ham Provolone, lettuce, tomato and Greek olive spread

TUSCAN VEGGIE* \$9.25

Sliced Portobello's, spinach, roasted red pepper, melted Provolone and balsamic vinaigrette

Substitute bowl of soup for an additional \$ 1.75 or Little Farmer side salad for \$ 2.00

**Vegetarian Option*

Catering Available

Have an event coming up where you want to serve something special?

ASK US ABOUT CATERING!

We can cater with breakfast trays, pastries, salads, sandwich trays, specialty cakes and more!

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: **HOMEMADE BREADS AND FRESH BAKED PASTRIES** :
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